

# **Protocol blueprint**

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**Delegate details** : Details of the participants and the guide in the following format:

- 1.Name of each participant-
- 2.Registration number-
- 3.Name of college/institute/hospital
- 4.Guiding faculty's name and designation
- 5.Contact and Email ID of the Team Head

[PAGE - 2 and Subsequent Pages]

- Research Title (No limit)
- AV Title (No limit)
- Introduction (300 - 400 words)
- Aims and objectives (100 - 150 words)
- Methodology (600 - 800 words)
- Results (400 - 800 words)
- Analysis/ Discussion (300 – 400 words)
- Conclusion (50 words)
- References (Vancouver style)

The above word limit for sections is only an approximate guide. The overall word limit of the abstract should not exceed beyond 2600 words.

Font size - Title: 28, Headings: 18, Content: 15

Font family - Times New Roman

## **Title:**

Two titles should be written

**1. Research title:** It should make the central objectives and variables of the study clear to the reviewer(s). Should contain type of study, the population and area of study.

- **Example:** - A Cross sectional study to assess the quality of life and access to healthcare in old age homes of Hyderabad.

- 2. AV title: - Concise, Accurate and Creative.

- Example: - A MOMENT TO SCREEN, A FUTURE TO SAVE.

## **Introduction:**

Introduction is an initial pitch of the idea. It sets the scene and puts the research in context so that the reviewer may understand and appreciate the objectives. It should convey the rationale behind the study, what necessitates the study- the relevance and significance, your passion for the topic and defend the topic. Some questions that can be used to assess the significance of the study are:

- a. What is your domain of inquiry?
- b. What do we already know about the topic?
- c. Why this topic? How is it relevant in the current scenario?

d. What has not been answered adequately in previous research and practice? Are there any controversies related to the topic that have not been addressed?

e. How will this research add to knowledge, practice and policy in this area?

It should contain 300-400 words. The discussion should be supported with appropriate references. Avoid including any quotes or questions.

### **Aim**

Aim of the study describes the object of interest you want to elicit from this study

Example : To assess the knowledge and attitude among medical and nursing students to its advance directives

### **Objectives:**

- 1-3 objectives must be specified. The objective should give a clear notion of what is to be described, determined, identified, compared and confirmed.
- Objectives should be specific to the point and achievable.

**Example :**

1. To assess the correlation between socio-demographic and attitudes, beliefs and behaviours in understanding cancer in people over 18 years of age.
2. To assess barriers faced in opting for screening methods.(oral, cervical, breast cancers).
3. To determine the perceptions, opinions and challenges faced by community health workers in overcoming barriers to cancer screening.

**Methodology:**

Describe all the procedures that will be used to achieve the objectives.It includes:

1. Type of study ( observational/ experimental )
2. Study design ( cross-sectional, case-control, etc )
3. Study population
4. Sample size ( Mention the prevalence used to calculate sample size along with in text citation of the source article.)
5. Selection criteria ( inclusion and exclusion criteria)
6. Data Collection procedures and instruments used -  
Questionnaires and scales used must be valid and relevant to the study. Pre-designed questionnaires must be pre-tested before survey.
7. Plan of analysis, statistical tools being used
8. Ethical considerations with all required forms

Ethical considerations refer to the protection of the participants' rights (right to self-determination, right to privacy, right to autonomy and confidentiality, right to fair treatment and right to protection from discomfort and harm), obtaining informed consent and the institutional review process (ethical approval). The researcher needs to provide adequate information on each of these aspects. . Informed consent needs to be obtained from the participants as well as the research site and the relevant authorities.

### **Results :**

The result percentages, software used for analysis and the scales should be discussed. **Results of the study must be shown with proper graphs, diagrams and tables.** Mention key results with reference to study objectives.

**Example :** A total of 400 participants,aged 18-60 with a mean age of 39.94 were surveyed. A significant 83.5% of participants were aware of UPFs, with social media and news as primary sources. 71.3% of participants check labels at least sometimes,although 39.6% rarely or never do.

### **Analysis/Discussion :**

Give a cautious interpretation of results considering objectives,limitations,multiplicity of analyses,results from similar studies, and other relevant evidence .

**Example :**The main reasons for UPF consumption were taste preference, convenience, and time constraints. This reflects busy urban lifestyles, where quick food solutions are prioritized over health considerations. Food manufacturers exploit taste preferences through additives.

38.5% reported weight gain, while 26% experienced digestive issues, highlighting the health impacts of UPFs. Despite these risks, people were willing to reduce UPF consumption if healthier alternatives were more accessible.

### **Conclusion:**

The gist of your abstract, implications of your research, the impact created through your idea or topic, the correlation of the results with your hypothesis, the limitations of your research if any should be elaborately written.

### **References:**

Provide appropriate references in Vancouver style only from recently published journals/ literature supporting the proposed research. Do not quote websites or newspaper articles.

Questionnaire and Ethical committee approval letter should be sent separately. Not included in the abstract.